

## Colorado Consortium for Prescription Drug Abuse Prevention

### Prescriber & Provider Work Group Meeting Minutes

July 19, 2018 by Teleconference

#### **Present:**

Lesley Brooks, MD, Co-chair, North Colorado Health Alliance

J.K. Costello, MD, Steadman Group

Elizabeth Pace, MD, CPEP

John Battisti, PhD, Indivior, Inc.

Quig Li, Epidemiologist

Steven Young, MD, UC School of Medicine, ARTS

Laura Don, Tri-County Health Trailhead Institute

Emilee Langer, Delta Dental Insurance

Jeff Hanley, Jefferson County Public Health

Cindy Armstrong, Colorado AHEC

Jillian Adams, Illuminate Colorado

Shayna Miccuci, CDPHE

Mike Orrill, Chaffee County Public Health

Rachel Wendt, DC, Colorado Chiropractic Association

Arianna Sherman, AmeriCorps/Western Colorado AHEC

Meghan Prentiss, Tri-County Health Department

Deb Jacobson, MD, SCL Health Medical Group

Paul Cook, UC Denver College of Nursing

Gina Olberding, Consortium

Susanna Cooper, Consortium

Jen Place, Consortium

Tyler Payne, Consortium

Jessica Eaddy, Consortium

Rosemarie MacDowell, Consortium

#### **Absent:**

Joshua Blum, MD, Co-chair, Denver Health; Lee Newman, MD, Colorado School of Public Health; Lisa Pearson, DNAP Canon City; Karen McGovern, Medical Board; Kate Alfano, Colorado Medical Society; Janet VanOstenbridge; Don Hill, JP Opioid Interaction Awareness Alliance; Ronne Hines, DORA; Alan Lembitz, MD, COPIC; Kathryn Mueller, MD, Colorado Division of Worker's Compensation; Brad Young, RxPlus Pharmacies; Christine Nevin-Woods, Pueblo City/County Health Department; Judy Zerzan, MD, Health Care Policy and Financing; Cheryl Hara, Center for Personalized Education for Physicians; Jennifer Ziouras, MD, Kaiser Permanente of Colorado; Patsy Cullen, PhD, Regis University School of Nursing; Karen Hill, JP Opioid Interaction Awareness Alliance; Joel Giles, King Soopers; Lynda Hamner, Mesa County Medical Society; Ellen Price, DO, Mesa County Medical Society; Robert Willis, Academic Relations Manager, Albertsons/Safeway; Judy Margolis, MD; Daniel Shodell, CDPHE; John S. Hughes, MD, Colorado Medical Society; Lynn Parry, MD, Colorado Medical Society; Lindsey Myers, CDPHE; Catherine Garcia, Peer Assistance Services; Hayes Veeneman, Lay Person; Cathy Traugott, HCPF; Bernadette Albanese,

MD; Kavitha Kailasam, Rise Above Colorado; Lyndsay Krisher, Colorado School of Public Health; Candi Ader, Foundry Treatment Center; Brandon Utter, HCPF; Cindy Armstrong, Colorado AHEC; Greg Sabatos, Mental Health Center of Denver; Mary Steiner, Community Health Partnership, Colorado Springs; Tyller Kerrigan-Nichols; Tom Denberg, MD, Pinnacle; Matthew Hess, AHEC Program Office; Addison McGill, Crossroads Treatment Centers; David Smith, MD; Katya Mauritson, CDPHE; Cindy Armstrong, Colorado AHEC; Greg Haitz, Colorado Chiropractic Association; Jo Donlin, DORA Healthcare Branch; Amanda Tompkins, MD Candidate; Kristina Green, CDPHE; Kristy Jordan, Signal Behavioral Health Network; Courtney Ryan, Telligen; Jonathan Clapp, MD, Physician Pain; Stephanie Braski, AmeriCorps/SE Colorado AHEC; Brett Kessler, Colorado Dental Association; Lili Tenney, Colorado School of Public Health; Jonathan Bihl, UC Denver; Michael Henry, UC Denver School of Dental Medicine; Jess Fear, Health District of Northern Larimer County; Stephanie Salazar-Rodriguez, Mile High Health Alliance; Allison Rosenthal, CDPHE; Allison Harden, Beyond Betty; Tiffany Tuetken, Porter Health Solutions; Michael Davidson, Consortium; Steven Wright, MD, Porter Primary Care; Sharon Langendoerfer, MD; Andres Guerrero, CDPHE; Daniel Pacheco, UC Denver Dept. of Family Medicine; Randall Seeman, Peak Vista Community Health Centers; Jamie Feld, Boulder County Public Health; Cheryl Lerner, Delta Dental Insurance; Lindsey Kato, Health Management Associates; Brody Montoya, AmeriCorps; Rob Valuck, Consortium; Whit Oyler, Consortium

Co-chair Lesley Brooks called the meeting to order at 12:05 p.m.

**Approval of Minutes:**

A motion was made to approve the May 2018 meeting minutes. Motion passed.

**House Bill 1003/Proposed Budget for Provider Education:**

House Bill 1003 provides funding to implement continuing medical education activities to help prescribers of pain medication to safely and effectively manage patients with chronic pain and, when appropriate, prescribe opioids. The general assembly appropriated funds for this education.

Work group members were asked to review a chart of potential educational activities and provide feedback regarding reasonable fees that could be charged for each activity. (The chart is attached.)

**Comments/Questions:**

Speaking at a local event: \$500 if less than two hours away. Possibly \$1,000 if travel is required.

Speaking at a regional event (e.g., Ft. Collins): \$750

Other areas (e.g., Salida, Alamosa, Montrose): \$1,000

The above represents base fees, with a \$50 per hour rate added (including travel time)

Evening events tend to be 3–4 hours long.

There is more of a time cost travelling to Grand Junction or Durango.

Fees will be paid by the Consortium directly.

There will be no charge to the venue.

A higher fee should be considered for rural areas as it would involve a full-day time commitment.

Paul Cook commented that the nursing college rates average \$2–3,000 per day plus travel for one trainer. Local half-day seminars are usually at the rate of \$1,000. Remote seminars average \$2–3,000 for a half day and \$5–6,000 for a full day (travel included). Lunch and materials are provided to participants. Space is provided by the hosting organization.

The “volunteer” aspect of this type of engagement was discussed, including the fact that it is not intended to be a profit-making enterprise.

Module development was discussed. This task can require a significant amount of time to prepare and edit. Lesley indicated that she and Josh Blum have already prepared a large amount of educational content; however, some individuals may not be comfortable using others’ content. There may be more interest from content experts if they are providing their own educational content. Lesley indicated that content preparation takes from 7 to 10 hours to prepare. The suggested development rate is a one-time payment of \$750.

Content experts should be comprised of a broad base of providers, including physical therapists. Since there is a cost for CME approval, it was suggested that content experts could be provided a “standard content template” with flexibility to include additional material. The CME cost could be added to the event fee.

The above comments and suggestions will be incorporated into the fee schedule and emailed to the work group.

#### **October 24<sup>th</sup> Symposium and Poster Session:**

A task force has been meeting on a regular basis to plan for this event, which is scheduled the evening before the annual meeting. The symposium will begin at 5 p.m. with an hour-long poster and networking session, followed by a plenary session. Rob Valuck, Josh, and Lesley will provide a history of the provider education efforts and plans for the future. Another email will be sent to the work group members asking for abstracts to be submitted by August 31<sup>st</sup>. Posters will be on display during the annual meeting. The education symposium will be comprised of pain management and other best practices and medication assisted treatment. The task force is still in the process of confirming other speakers. Jon Clapp may be speaking about non-pharmacological modalities. Other panels will discuss different pain management alternatives and recovery issues. The task force will be meeting again on Friday, July 20<sup>th</sup>.

#### **Comments:**

It would be helpful for providers to learn more about MAT implementation and patient recovery options available in the community.

**Senate Bill 22 Implementation:**

This bill restricts the number of opioid pills that a health care practitioner, including physicians, physician assistants, advanced practice nurses, dentists, optometrists, podiatrists, and veterinarians, may prescribe for an initial prescription to a seven-day supply and allows each health care practitioner to exercise discretion to include a second fill for a seven-day supply, unless, in the judgment of the practitioner, the patient has chronic pain that typically lasts longer than 90 days or past the time of normal healing, has been diagnosed with cancer and is experiencing cancer-related pain, or is experiencing post-surgical pain that is expected to last more than 14 days.

Work group members discussed the importance of informing prescribers of the legislation and, additionally, providing information regarding implementation. CMS is sending mass emails, which will include implementation guidance. Best practices include PDMP consultation (opiate naïve patients). If prescription refills are denied, the denial is usually made by the pharmacist. Enforcement will likely be minimal. The emphasis is on prescriber awareness.

**Updates:**

Cindy Armstrong emailed a flyer to Consortium members for an event scheduled on September 17<sup>th</sup>, an interdisciplinary approach to pain management. Rob will be one of the presenters.

Tri-County Health will also be emailing information regarding a seminar addressing alternatives to opioids, which is scheduled for August 15<sup>th</sup> and 16<sup>th</sup>. Jon Clapp will be speaking at this event.

The American Association of Addiction Psychiatry has a mentoring program for buprenorphine providers. Information will be provided to work group members by email.

Jillian Adams, Illuminate Colorado's Substance Exposed Newborns Steering Committee, provided an update on programs they are organizing related pre-natal substance use disorder. They have also expanded their opiate-exposed newborns collaboration hospital sites.

**Adjournment and Next Meeting:**

The meeting adjourned at 1:01 p.m. The next work group meeting will be held on Thursday, September 20<sup>th</sup> from noon to 1 p.m. by GoToMeeting.